



Post-Operative Instructions Following Endodontic Therapy

After endodontic therapy is completed, some discomfort is to be expected. The doctor and/or assistant will provide the initial dose of pain relief in office before the completion of the appointment.

*The pill packet provided contains one 800mg tablet of Ibuprofen/Advil and two extra strength Tylenol/Acetaminophen (500mg each; 1000mg total). All tabs are to be taken immediately after the procedure. It is advised to wait 8 hours after taking the pill packet before continuing with any additional pain relief tablets as needed. **Pill Pack***
@ _____ AM/PM

The tooth may be achy, tender, and sensitive while chewing. These symptoms typically persist for several days after treatment and can last for several weeks in certain cases. This is normal and part of the healing process. If any symptoms not stated above are experienced including swelling and/or discomfort not relieved by the medications recommended by the doctor, please contact our office immediately. Please expect the injection site as well as the soft tissue surrounding the tooth to also be tender.

We recommend 3 regular strength Ibuprofen tablets (600mg total) every 4-6 hours for the next several days to reduce inflammation. If additional relief is necessary, we also recommend that you take 2 regular strength Tylenol tabs (650mg total) either staggered or at the same time as the ibuprofen dose. If you are unable to take either Ibuprofen or Tylenol, please alert the doctor and staff at the time of treatment. If you require the use of pain medication, please take it with a full stomach to reduce nausea.

You may alternate the application of heat (for jaw muscle tenderness) and ice (for inflammation) to the treated area and rinse with warm salt water 3-4 times a day (1 tsp of salt to 8oz of warm water).

The access to the root canal space has been closed with a filling and it should last 4+ weeks. Please note that this is a temporary restoration and you will need to contact your general dentist for the appropriate final restoration, which may include a permanent filling and/or a crown. We recommend that you contact your general dentist as soon as possible to schedule your restorative appointment. Restorative appointments should be scheduled 1-4 weeks after endodontic therapy is complete, provided there is no lingering pain and/or symptoms/swelling in the area.

If you have any questions or concerns, please contact the office at (262) 327-6100.