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20350 Water Tower Blvd Ste 10 | Brookfield | WI 53045

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Questions? Contact Laura Barnes at (262) 490-4028 or LBarnes@MeridianEndo.com.

MEETING LOCATION:

Meridian Endodontics, Periodontics & Implant Dentistry
20350 Water Tower Blvd Ste 10
Brookfield, WI 53045

***SPEAKER AND ACTIVITY SUBSTITUTIONS**

This brochure represents the speakers and activities that have been booked at the time of publication; however, speaker or activity cancellations occasionally occur, for reasons beyond our control. In that event, we may substitute another speaker or activity, or change the schedule, without notice to registrants.



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Metamorphosis

Transforming Practices ✦
Through Collaborative Growth

2026-2027 AGENDA

Welcome Back to Brew City Hygiene Study Club! Metamorphosis: Transforming Practices through Collaborative Growth

We are thrilled to welcome you back for an inspiring new season! This year, our theme—Metamorphosis—celebrates the continuous evolution of the dental hygiene profession. Just as a metamorphosis represents a profound shift in form and function, our goal is to provide a space where your clinical expertise and patient care can reach their highest potential.

Through collaborative sharing and insights from diverse speakers, we will explore the latest advancements in dental hygiene. Together, we'll turn fresh perspectives into practical strategies that elevate your daily practice.

We look forward to seeing you at our first meeting!

Friday, Oct. 9 | 2026 | 8-10:00 AM

2 CEU's



Katherine Schrubbe, RDH, BS, MEd, PhD

CDC Infection Control and OSHA Updates

The course will provide a review of CDC infection control guidance for dental healthcare personnel and related OSHA standards with the rationale for compliance through an evidence-based approach consisting of current events and literature. The course will also present the prevalent risks associated with the delivery of dental care in the post-pandemic era, including protocols for best practices to ensure the health and safety of team members and patients. The course fulfills the infection control continuing education requirement for Wisconsin licensure.

COURSE OBJECTIVES

- Understand current CDC guidelines to reduce the risk of disease transmission in dental settings.
- Implement best practice protocols for infection prevention in dental settings during a post-pandemic era.

Friday, Dec. 4 | 2026 | 8-10:00 AM

2 CEU's



Heather Kenney, RDH

Saliva as a Clinical Compass: An Introduction to Salivary Testing for Risk Assessment and Treatment Flow

This introductory continuing education course provides clinicians with a foundational understanding of salivary diagnostics and their role in modern preventive and therapeutic dental care. Participants will learn how basic salivary markers—including pH, nitric oxide pathways, inflammatory biomarkers (MMP-8), and microbial testing—offer insight into oral environment, disease activity, and patient-specific treatment planning.

Emphasis is placed on clinical feasibility, chairside implementation, and how salivary data informs treatment flow, patient communication, and collaborative care. This course is designed to build confidence in using salivary testing as an adjunctive assessment tool rather than a replacement for traditional clinical findings.

COURSE OBJECTIVES

- Describe the role of saliva as a diagnostic fluid in assessing oral health risk and disease activity.
- Identify key salivary markers used in clinical practice and explain what each marker indicates.
- Compare the time, workflow, and clinical application of chairside versus laboratory-based salivary tests.
- Explain how salivary test results assist in guiding prevention strategies and treatment flow.
- Integrate basic salivary testing into clinical hygiene and restorative workflows to enhance patient education and outcomes.

Friday, Feb. 12 | 2027 | 8-10:00 AM

2 CEU's



Julianna Shamoon, DMD

Beyond the Prophy: Advancing Modern Perio & Implantology

Step away from the routine and dive into the future of dental hygiene. Join the Meridian Hygiene Team and Dr. Julianna Shamoon for a high-energy program designed to bridge the gap between traditional hygiene and the latest in regenerative technology. The landscape of periodontal therapy is shifting rapidly. From the microscopic precision of LANAP and LAPIP to the delicate management of the "living" implant interface, being a modern hygienist requires more than just clinical skill—it requires a diagnostic mind. We will explore the "why" behind contemporary protocols, dissect the nuances of effective Scaling & Root Planing (SRP) in a laser-integrated practice, and refine the art of implant longevity.

COURSE OBJECTIVES

- **Navigate Modern Periodontal Bio-Technology:** Analyze current trends in minimally invasive therapy, specifically focusing on the clinical protocols of LANAP (Laser Assisted New Attachment Procedure) and LAPIP (for peri-implantitis) to understand their role alongside traditional SRP.
- **Strengthen the "Implant Lifeline":** Develop a specialized toolkit for implant maintenance, focusing on biofilm management strategies and early detection of peri-implant diseases to ensure long-term prosthetic success.
- **Refine Diagnostic Accuracy:** Enhance your ability to synthesize assessment data into actionable treatment plans, identifying the specific "red flags" that signal the transition from routine care to specialized referral.

Friday, April 16 | 2027 | 8-10:00 AM

2 CEU's



Sherri M. Lukes, RDH, MS, FAADH

Down and Out or Down and About? Raising Awareness of Mental Health Issues in Dentistry

A plethora of mental health issues plague our society today and the dental community is not immune. Evidence concerning mental health issues nationwide and how patients and dental professionals are affected will be presented in this course, along with signs and symptoms of the most common conditions of anxiety and depression. Management and treatment strategies will be discussed, including evidence concerning suicide and approaches for suicide prevention.

COURSE OBJECTIVES

- Discuss the evidence concerning mental health issues among dental professionals and patients.
- Describe signs and symptoms of anxiety and depression.
- Explain management strategies for coping with stress and suicidal ideation.
- Discuss management strategies for anxiety, depression and suicide prevention.
- Appreciate the importance of civic responsibility to assist all people with mental health issues.